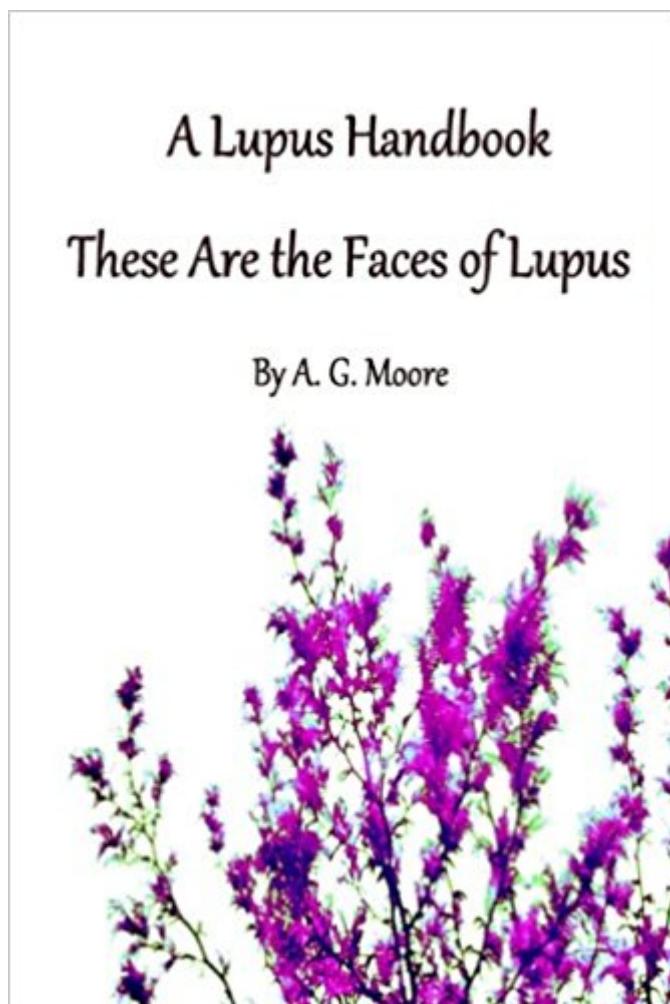


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# A Lupus Handbook: These Are The Faces Of Lupus



## Synopsis

Recommended by the Lupus Foundation and updated with notes in 2017, A Lupus Handbook: These Are The Faces Of Lupus is both informative and a moving personal account. Flannery O'Connor once wrote that sickness has no company--it is in defiance of this stark reality that A. G. Moore wrote her book. She was first diagnosed with lupus in 1996, though she dealt with its effects long before that. Through flares and remissions she strove to educate herself, to become informed. She wanted to be a participant in her own care, to shape as much as possible the course of her treatment and the quality of her life. A disease like lupus often does not offer a lot of options, but there are always choices to be made. A. G. Moore was committed to knowing about those choices and to being a responsible partner in determining which of those choices was best for her. This book is thoroughly documented. Sources for technical sections of the book are almost exclusively peer-reviewed journals. As for the brief biographical sketches she offers of eleven public figures--all of these individuals were diagnosed with lupus. In every case, the disease did not define a life, though in some cases it did take life. Each "celebrity" managed to forge a unique path despite lupus, not because of it. A. G. Moore hopes every reader, every person with lupus or any disease, is able to do the same.

## Book Information

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## Customer Reviews

Writing is a solitary occupation, and yet it is among the most social of endeavors. While the writer works alone, the words produced are sent out with the expectation of finding an audience. A. G. Moore writes books, stories, blogs, tweets, essays. She finds the exercise of framing a thought

carefully to be a medium for intellectual growth and personal understanding. Crafting a piece fastidiously often leads her from a place of unfounded assumption to one of informed clarity. Research is always part of the process, as is deliberation and a struggle to find the truth. Ms. Moore is a student of history, a passionate supporter of animal rights, and an unflagging advocate for child welfare. She hopes that the words that spill from her keyboard will find fertile ground and somewhere take root to have a positive impact in the world.

As good as Moore's descriptions of Lupus itself are, I found her experiences with the multiple physicians she visited even more illuminating. Her early passivity and acceptance of the "doctor's word," which led to years of unnecessary pain, gradually gave way to proactivity and an understanding of the necessity to challenge and discuss her condition with her doctors -- and a willingness to do so -- which now allows her to now successfully manage her life. Luckily, I am not currently sick, but I am now armed with the knowledge to not be intimidated and to advocate for myself if the time does come that I do have to consult with doctors.

"These Are the Faces of Lupus" details the debilitating affects of this disease and how, in spite of them, many afflicted with it thrive. Through a series of fascinating biographical profiles, the author portrays how people from various walks of life, some very public, have dealt with Lupus successfully. It describes the process, step-by-step, from onset of symptoms and diagnosis to treatment, or lack thereof. The author presents a unique blend of insight, comprehensive research about Lupus and related diseases, as well as an extensive glossary of associated terminology and a wide range of references. Moreover, in this deeply personal account, A.G. Moore implores readers to take an active role in their own care and provides practical tips for dealing with medical professionals and bureaucracies. For those suffering from Lupus or other autoimmune and chronic diseases, as well as people who are touched by them, "These are the Faces of Lupus" is an engaging, informative, inspiring guide and an interesting worthwhile read. I loved it.

if you want to learn about Lupus, this is the book to read. The author takes you into others lives who've had all the signs of Lupus, then goes into her own illness. She takes you along many years of diagnosis and the doctors she had and gave up on. The only thing that surprised me was this disease has been around very, very long and still there is not a definite way to diagnose it. Great book.

The information was great for those new to lupus or their families. What I don't like is the author used Wikipedia as a source for a lot of her information. She, however did backup a lot with medical journals too.

I have lupus. This was more of a "historical" novel about lupus, and not a very entertaining one. If you are looking about helpful information about the disease, this is NOT the book to buy.

very interesting book to read about lupus and how long it has been around. I have lupus and it was interesting to learn about famous people who have this disease also.

This book will give you a good starting point to understanding your lupus, but the book tended to raise more questions about lupus with each piece of new information it presented. The author presented topics in the book as clearly as possible, but lupus in itself is unclear and therefore difficult to write about. Again, a great source for understanding the basics of lupus, but don't expect to have all your questions answered.

Well well written, gives hope and a feeling of comradeship within the world of lupus sufferers. Using the stories with a few well known people was creative and informative. Some we never knew had this disease.

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